

# Your Guide to 2024 Benefits





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Dear Johnson County Employees,

As we approach the upcoming Open Enrollment season, we would like to inform you about some important changes and reminders. This year, we are transitioning our renewal period from October 1st to January 1st, 2025.

To facilitate this transition, we will have two enrollment periods. The first enrollment period will be August 19th to September 5th, 2024. During this period, if you do not take any action, your current coverage will continue as is. The benefits elected during this short enrollment period will be effective until the end of 2024. There will be a second Open Enrollment period later this fall for benefits that will take effect from January 1st through December 31st, 2025.

While no action is needed to participate in your health coverage, if you participate in the HSA, the Healthcare FSA, the Limited Purpose FSA or the Dependent Care FSA, and you wish to continue to participate in these plans, you will need to actively elect this coverage as they will not automatically carry over. Please remember to complete these elections during the first enrollment period or you will not be enrolled through the end of the year.

Open Enrollments are also an excellent opportunity to review and update your beneficiaries. Designating both primary and contingent beneficiaries ensures that your assets are managed according to your wishes. If beneficiaries are not designated, any benefits may be paid to your estate or according to the rules outlined by the benefit plan.

If you have any questions or need assistance, please contact the appropriate provider listed in your benefits guide.

Thank you for your attention to these important matters.



# Welcome

# Your Benefits Package

Please take a few moments to read this benefits guide, so you can learn about the various options available to you, and make informed decisions about your health care. When you make well-informed decisions, you can reduce your out-of-pocket health care costs, and help control the cost of the County's overall premiums.

If you have questions, please contact the appropriate provider via the Important Contacts on the back of this guide.

### When to Enroll

You can add and make changes to your benefits during the following scenarios:

- » During new hire orientation
- » During annual Open Enrollment

Typically, if you do not enroll for coverage during your new hire orientation or at annual Open Enrollment, you won't receive coverage during the plan year, unless you have a qualified change in family status.

However, the August 19 – September 5, 2024, enrollment period will be a passive enrollment. This means you are not required to take action in order to keep the previous year's coverage. Your elections will automatically carry forward into the upcoming plan year with the exception of the Health Savings Account (HSA) and Flexible Spending Accounts (FSAs), which you must actively enroll in to continue participating in those accounts.

If you would like to add, change or delete coverage for yourself and/or your dependents, you must go through the enrollment process.

### Eligibility

If you are scheduled to work 30 hours or more per week, you are eligible for Johnson County benefits on the first day of the month following 60 days of continuous service.

You may enroll your eligible dependents in the same plans you choose for yourself. Eligible dependents include your legally married spouse and your children up to age 26. Note: When your covered child reaches age 26, you must notify the Personnel Department at 817-556-6350.

### Making Changes

The choices you make when you are first eligible are in effect for the remainder of this plan year (October 1<sup>st</sup> – December 31<sup>st</sup>). Once you enroll in coverage, you must wait until the next Open Enrollment period to change your benefits, or add/remove coverage for dependents, unless you have a qualified change in family status as defined by the IRS. Life Events can be reported on your employee PlanSource benefits portal within 31 days of the event. In each case of a qualified life event, documentation should be provided to PlanSource, as noted below. You have 31 days to make changes to your coverage, and these changes must be consistent with the change in status.

| Life Event                     | Documentation Needed  |  |
|--------------------------------|---|--|
|                                | Marriage  | Copy of marriage certificate   |
| Change in marital status       | Divorce / Legal Separation                                      | Copy of divorce decree   |
|                                | Death   | Copy of death certificate  |
| Ohanna in muchan of            | Birth or Adoption   | Copy of birth certificate or copy of legal adoption papers and Social Security card                                    |
| Change in number of dependents | Step-Children   | Copy of birth certificate plus a copy of the marriage certificate between employee and spouse and Social Security card |
| Death                          |   | Copy of death certificate  |
| Change in amployment           | Change in your eligibility status (i.e., full-time / part-time) | Notification of increase or reduction of hours that changes coverage status  |
| Change in employment           | Change in spouse's benefits or employment status                | Notification of spouse's employment status that results in a loss or gain of coverage                                  |

# How to Enroll

To enroll in benefits, go to: www.plansource.com/login.

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# Login Page

Enter your username and password.

**Username:** Your username is the first initial of your first name, up to the first six letters of your last name, and the last four digits of your SSN.

For example, if your name is Taylor Williams, and the last four digits of your SSN are 1234, your username would be twillia1234.

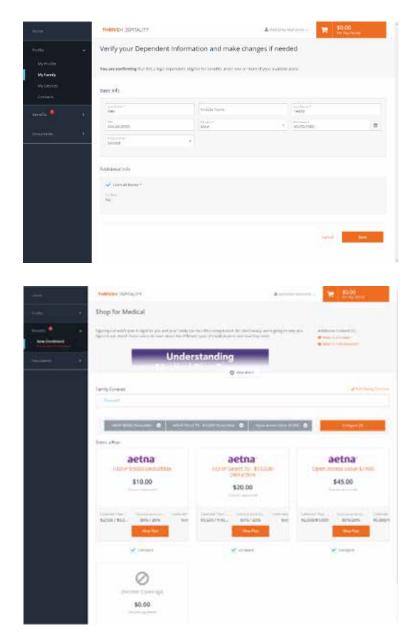
**Password:** Your initial password is your birthdate in the YYYYMMDD format.

So, if your birthdate is June 4, 1979, your password would be 19790604. The first time you log in, you will be prompted to change your password.

### Homepage

On the Homepage, click "Get Started" to begin.

# **Enroll in Benefits**



**Review Your Profile** 

The first step in your enrollment process is to review their profile. Read through this page and verify that all information is correct; if there are errors, you can modify the information by selecting "Edit Info" or contact your HR representative for corrections. Complete any information where the field is empty or incorrect. Once you have completed your updates, select "Save." Then select "Next: Review My Family."

On each benefits page, you can still compare plans, edit who's covered, and get information related to your benefits.

PlanSource can help with the following:

Password and login assistance, Technical support, Benefits education and guidance, Phone based enrollment, Life event assistance

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# **Need Assistance?**

Call 844-396-5676 to speak with a PlanSource agent.

The PlanSource call center can help with benefits questions as well.

PlanSource can help with the following:

Password and login assistance, Technical support, Benefits education and guidance, Phone based enrollment, Life event assistance

Any benefits requiring an evidence of insurability will not show the final price in PlanSource until the EOI is approved.

### **Plan Details**

The plan detail page will give you information about each plan, including deductible, cost per pay period and projected costs.

### **Select Plan**

To select a plan, indicate which family members are covered by clicking "edit family covered" and select the card for each family member you'd like to be on the plan.

Click "Update Cart" to choose the plan.

\*SHOPPING CART display total will not display amounts for you or any added dependents pending EOIs or Document Verification until approved.

### Checkout

To finalize your choices, click "Review and Checkout." You must complete the checkout process in order to be enrolled in benefits.

# Medical Coverage – BCBSTX

Johnson County offers a choice of three different medical plans to eligible employees administered by BCBS. Please refer to the chart for additional information on the plans.

| Blue Cross Blue Shield of Texas  | (Blue Cho   | HMO<br>(Blue Essentials Network)   |   |
|--|---|--|---|
| Plan Features  | IN-NETWORK  | OUT-OF-NETWORK   | IN-NETWORK ONLY   |
| Deductible Per Calendar Year   | \$1,000 individual<br>\$2,000 Family  | \$6,000 Individual<br>\$12,000 Family  | \$1,000 individual<br>\$2,000 Family                                |
| Out-of-Pocket Maximums<br>Per Calendar Year  | \$4,000 Individual<br>\$8,000 Family  | \$8,000 Individual<br>\$16,000 Family  | \$4,000 Individual<br>\$8,000 Family                                |
| Preventive Care/Screenings/<br>Immunizations   | No Charge; deductible does not apply  | Preventive Care: 60%<br>after deductible<br>Immunizations:* \$100  | No Charge; deductible does not apply                                |
| Professional Services<br>– PCP Office Visit<br>– Specialist Office Visit<br>– MDLIVE (Telemedicine)  | \$35 Copay<br>\$45 Copay<br>\$0 Copay   | 60% after deductible<br>60% after deductible<br>N/A  | \$35 Copay<br>\$45 Copay<br>\$0 Copay                               |
| <ul> <li>Emergency Care Services</li> <li>Urgent Care Center, per visit</li> <li>Emergency Care – Facility</li> <li>Emergency Care – Physician</li> </ul>  | \$100 Copay<br>Plan pays 80% of allowable<br>amount after \$300 copay<br>Plan pays 80% after deductible | Plan pays 60% after deductible<br>Plan pays 60% of allowable<br>amount after \$300 copay and<br>deductible for non-emergency<br>Plan pays 60% of allowable<br>amount after deductible for non-<br>emergency (Accidental Injury &<br>Emergency Care pays same as<br>In-Network) | \$100 Copay<br>\$300 Copay**<br>Plan pays 80%<br>after deductible** |
| Outpatient Hospital Services   | Plan pays 80% after deductible  | Plan pays 60% after deductible   | Plan pays 80% after deductible                                      |
| Inpatient Hospital Services Penalty for failure to preauthorize services   | Plan pays 80% of<br>the allowable amount<br><i>None</i>   | Plan pays 60% of<br>the allowable amount<br><i>\$250</i>   | Plan pays 80%   |
| Mental Health Care/Chemical<br>Dependency Inpatient Services<br>Inpatient Services<br>– Hospital services (facility)<br>– Physician services<br>All services must be preauthorized.  | Plan pays 80% of allowable<br>amount<br>Plan pays 80% after deductible                                  | Plan pays 60% of allowable<br>amount<br>Plan pays 60% after deductible   | Plan pays 80%<br>Plan pays 80% after deductible                     |
| Penalty for failure to preauthorize services   | None  | \$250  | None  |
| <ul> <li>Mental Health Care/Chemical<br/>Dependency Outpatient Services</li> <li>Services performed during physician<br/>office visit/consult<br/>(does not include psychological testing)</li> <li>Other outpatient services and<br/>psychological testing</li> </ul> | \$35/\$45 Copay<br>Plan pays 80% after deductible   | Plan pays 60% after deductible<br>Plan pays 60% after deductible   | \$35/\$45 Copay<br>Plan pays 80% after deductible                   |

\*6 years of age and older

\*\*Out-of-network emergency claims will process with in-network level of benefits if the ER diagnosis verifies visit as a true emergency. However, if it is determined to be a non-emergency, the claim will process as out-of-network and benefits will deny due to your plan not having coverage out-of-network.

# Medical Coverage (HDHP) – BCBSTX

The HSA plan below is a separate plan from those on the previous page, not a continuation.

| Blue Cross Blue Shield of Texas   | HSA  |  |  |
|---|--|--|--|
| Plan Features   | IN-NETWORK   | OUT-OF-NETWORK   |  |
| Deductible Per Calendar Year  | \$4,000 Individual<br>\$8,000 Family   | \$32,000 Individual<br>\$32,000 Family   |  |
| Out-of-Pocket Maximums<br>Per Calendar Year   | \$4,000 Individual<br>\$8,000 Family   | \$8,000 Individual<br>\$16,000 Family  |  |
| Preventive Care/Screenings/<br>Immunizations  | No Charge; deductible does not apply   | 30% after deductible   |  |
| <ul> <li>Professional Services</li> <li>PCP Office Visit</li> <li>Specialist Office Visit</li> <li>MDLIVE (Telemedicine)</li> </ul>   | No Charge after deductible<br>No Charge after deductible<br>No Charge after deductible | 50% after deductible<br>50% after deductible<br>N/A                              |  |
| Emergency Care Services<br>– Urgent Care Center, per visit<br>– Emergency Care – Facility<br>– Emergency Care – Physician   | No Charge after deductible<br>No Charge after deductible<br>No Charge after deductible | 50% after deductible<br>No Charge after deductible<br>No Charge after deductible |  |
| Outpatient Hospital Services  | No Charge after deductible   | Plan pays 50% after deductible   |  |
| Inpatient Hospital Services<br>Penalty for failure to preauthorize services   | No Charge after deductible None  | Plan pays 50% of the allowable amount \$250                                      |  |
| Mental Health Care/Chemical<br>Dependency Inpatient Services<br>Inpatient Services<br>– Hospital services (facility)<br>– Physician services<br>All services must be preauthorized.                       | No Charge after deductible<br>No Charge after deductible                               | Plan pays 60% of allowable amount<br>Plan pays 60% after deductible              |  |
| Penalty for failure to preauthorize services  | None   | \$250  |  |
| <ul> <li>Mental Health Care/Chemical<br/>Dependency Outpatient Services</li> <li>Services performed during physician<br/>office visit/consult<br/>(does not include psychological<br/>testing)</li> </ul> | No Charge after deductible   | Plan pays 50% after deductible   |  |
| <ul> <li>Other outpatient services and<br/>psychological testing</li> </ul>   | No Charge after deductible   | Plan pays 50% after deductible   |  |

# Prescription Drug Program – BCBSTX/Prime Therapeutics

Pharmacy Benefits are administered through Prime Therapeutics.

| 30-Day Supply at Participating Network Retail Pharmacy (PPO and HMO Plans) |  |  |  |
|--|--|--|--|
| Plan Year Deductible       \$0 Individual / \$0 Family                     |  |  |  |
| Tier 1 - Generic Drugs     \$10 Copay                                      |  |  |  |
| Tier 2 - Preferred brand drugs \$50 Copay                                  |  |  |  |
| Tier 3 - Non Preferred brand drugs       \$75 Copay                        |  |  |  |
| Tier 4 - Specialty drugs     \$50 Copay                                    |  |  |  |
| Tier 5 - Non-Preferred Specialty       \$75 Copay                          |  |  |  |
| Up to a 90-Day Supply from Mail-Order Pharmacy (PPO and HMO Plans)         |  |  |  |
| The 90-day supply is 2x the amount of the 30-day supply.                   |  |  |  |

| Up to a 30-Day Supply at Participating Network Retail Pharmacy (HDHP Plan) |                            |  |
|--|----------------------------|--|
| Tier 1 - Generic Drugs       No charge after deductible                    |                            |  |
| Tier 2 - Preferred brand drugs   | No charge after deductible |  |
| Tier 3 - Non Preferred brand drugs   | No charge after deductible |  |
| Tier 4 - Specialty drugs     No charge after deductible                    |                            |  |

More information about your prescription drug coverage is available on your employee Blue Access for Members (BAM) Account at **www.BCBSTX.com** under the Pharmacy tab. Click on the Member Services tab to Create an Account.

Attention: Please note the following guidelines regarding your prescription benefits:

- 1. Payment of the difference between the cost of a brand name drug and a generic may be required if a generic is available.
- 2. Specialty drugs must be obtained from In-network specialty pharmacy provider. Specialty retail is limited to a 30-day supply. Mail order is not covered.



# HSA – PlanSource

A Health Savings Account (HSA) is a personal savings account you can use to pay for qualified out-of-pocket medical expenses with pretax dollars — now or in the future. Once you're enrolled in the HSA, you'll receive a debit card to help manage your HSA reimbursements. Your HSA can also be used for your expenses and those of your spouse and dependents, even if they are not covered by the HDHP medical plan.

# How a Health Savings Account Works



Eligibility

You must be enrolled in the High Deductible Health Plan.

### Contributions

You contribute on a pretax basis and can change how much you contribute from each paycheck up to the annual IRS maximum of \$4,150 if you enroll only yourself or \$8,300 if you enroll in family coverage. You can make an additional catch-up contribution if you are age 55 or older.

### Eligible Expenses

You may use your HSA funds to cover Medical, Dental, Vision and prescription drug expenses incurred by you and your eligible family members.

### **Using Your Account**

Use the debit card linked to your HSA to cover eligible expenses, or pay for expenses out of your own pocket and save your HSA money for future health care expenses.



#### Your HSA is always yours — no matter what.

One of the best features of an HSA is that any money left in your account at the end of the year rolls over so you can use it next year or sometime in the future. And if you leave the Company or retire, your HSA goes with you so you can continue to pay for or save for future eligible health care expenses.



# FSAs – PlanSource

Flexible Spending Accounts (FSAs) allow you to pay for eligible expenses using tax-free dollars. Important: There is a "use it or lose it" rule imposed by the IRS. If you don't use all the money in your FSA by September 30, you could lose it due to IRS rules. However, with the 10/1-12/31 plan year, you have an extra 60 days to submit any last-minute claims before any remaining money is forfeited.

#### **Health Care FSA**

Contribute up to \$800 for the 10/1-12/31 plan year, pretax, to pay for copays, prescription expenses, lab exams and tests, contact lenses and eyeglasses.

### Limited Purpose FSA

Those enrolled in the HDHP can contribute up to \$800 for the 10/1-12/31 plan year, pretax, to pay for eligible vision and dental expenses.

#### **Dependent Care FSA**

Contribute up to \$1,250 for the 10/1-12/31 plan year (\$2,500 if married and filing separate tax returns), pretax, to pay for day care expenses associated with caring for elder or child dependents that are necessary for you or your spouse to work or attend school full-time. You cannot use your Health Care FSA to pay for Dependent Care expenses.

#### Use It or Lose It

If you don't use all the money in your FSA by **September 30**, you could lose it due to IRS rules. However, with the 10/1-12/31 plan year, you have an extra 60 days to submit any last-minute claims before any remaining money is forfeited.

Need Assistance? Call 844-396-5676 to speak with a PlanSource agent.



# **Dental Coverage – BCBSTX**

Strong teeth and gums are an important part of good health, which is why Johnson County offers you and your eligible dependents dental coverage through Blue Cross to help pay for many of the dental expenses you and your family incur. Both plans help you pay for most necessary dental services and supplies, including diagnostic and preventive care (such as exams, cleanings, and X-rays), and basic and major restorative services (such as fillings, crowns, and dentures). The following is a listing of common services available through your Blue Care Dental PPO network. The members share of the cost is determined by whether care is received from a contracting or non-contracting provider.

Review the comparison chart below for additional coverage details:

| BlueCare Dental   | PPO High Plan                   |                                 | PPO Low Plan                    |                                 |
|---|---------------------------------|---------------------------------|---------------------------------|---------------------------------|
| Plan Features   | CONTRACTED DENTIST              | NON-CONTRACTED DENTIST          | CONTRACTED DENTIST              | NON-CONTRACTED DENTIST          |
| Deductible  | \$50/Individual<br>\$150/Family | \$50/Individual<br>\$150/Family | \$75/Individual<br>\$225/Family | \$75/Individual<br>\$225/Family |
| Calendar Year Maximum   | \$5,000                         | \$5,000                         | \$750                           | \$750                           |
| Preventive Services<br>(Routine exams, cleanings, topical fluoride,<br>X-rays, space maintainers, sealants) | Plan Pays 100%                  | Plan Pays 100%                  | Plan Pays 80%                   | Plan Pays 80%                   |
| Deductible does not apply   |                                 |                                 |                                 |                                 |
| Basic<br>(Composite filings, extractions, oral surgery)<br>No Waiting Period                                | Plan Pays 80%                   | Plan Pays 80%                   | Plan Pays 50%                   | Plan Pays 50%                   |
| Major<br>(Crowns, bridges, dentures, endodontics,<br>periodontics)<br>No Waiting Period                     | Plan Pays 50%                   | Plan Pays 50%                   | Plan Pays 25%                   | Plan Pays 25%                   |
| Orthodontics<br>(Children under 19)<br>Lifetime Maximum<br>No Waiting Period                                | Plan Pays 50%<br>\$1,000        | Plan Pays 50%<br>\$1,000        | Not Covered                     | Not Covered                     |

#### **Dental PPO High Plan**

- Contracted Provider: Your out-of-pocket cost will generally be the least amount because BlueCare providers have contracted to accept a lower Allowable Amount as payment in full for eligible dental expenses. You are not required to file claim forms, and you are not balance billed for costs exceeding the BCBSTX Allowable Amount for BlueCare dentists.
- » Non-Contracted Provider: Your out-of-pocket cost may be greater because non-contracting providers have not entered into a contract with BCBSTX to accept any Allowable Amount determination as payment for eligible dental expenses. You are required to file claim forms, and you are balance billed for costs exceeding the BCBSTX Allowable Amount. Non-contracting provider reimbursement: UCR 90th percentile.

#### **Dental PPO Low Plan**

- Contracted Provider: Your out-of-pocket cost will generally be the least amount because BlueCare Providers have contracted to accept a lower Allowable Amount as payment in full for eligible dental expenses. You are not required to file claim forms, and you are not balance billed for costs exceeding the BCBSTX Allowable Amount for BlueCare dentists.
- » Non-Contracted Provider: Your out-of-pocket cost may be greater because non-contracting providers have not entered into a contract with BCBSTX to accept the Maximum Allowable In-Network Amount as payment for eligible dental expenses. You are required to file claim forms, and you are balance billed for costs exceeding the BCBSTX allowable amount. Non-contracting provider reimbursement: Maximum Allowable Charge (MAC).

For information and a summary of benefits, including the mobile app, finding a dentist, ordering a new ID card or downloading a digital copy and other related online services, please visit your employee (BAM) Blue Access for Members Account at **www.BCBSTX.com**. Click on the Member Services tab to Create an Account.



# Vision Coverage – Superior Vision

See clearly and keep your life in focus with the vision plan, which includes benefits for eye exams, eyeglasses, and contact lenses through Superior Vision. You are free to choose any provider – visit a doctor within the Superior National network and take advantage of higher benefits coverage, or visit an out-of-network provider for a reduced benefit.

#### **Superior Vision**

#### Vision Plan Benefits for Johnson County

| Copays                            | Services/Frequency |                      | /Frequency                |
|-----------------------------------|--------------------|----------------------|---------------------------|
| Exam copay                        | \$10               | Exam                 | 1 per plan year           |
| Materials copay <sup>1</sup>      | \$25               | Frame                | 1 per plan year           |
| Contact lens fitting <sup>2</sup> | ቀሳር                | Contact lens fitting | 1 per plan year           |
| (standard & specialty)            | \$25               | Eyeglass lenses      | 1 pair per plan year      |
| Specialty in-network allowance    | \$50               | Contact lenses       | 1 allowance per plan year |

| Benefits Through Superior National Network     |  |                |  |
|--|--|----------------|--|
|  | IN-NETWORK   | OUT-OF-NETWORK |  |
| Exam (ophthalmologist/optometrist)             | \$10 copay   | Up to \$42     |  |
| Frames   | \$140 allowance; 20% off amount over allowance <sup>5</sup>    | Up to \$53     |  |
| Contact lens fitting (standard <sup>2</sup> )  | \$25 copay   | Not covered    |  |
| Contact lens fitting (specialty <sup>2</sup> ) | \$25 copay   | Not covered    |  |
| Lenses   |  |                |  |
| Single Vision                                  | Covered in full  | Up to \$26     |  |
| Bifocal  | Covered in full  | Up to \$34     |  |
| Trifocal                                       | Covered in full  | Up to \$50     |  |
| Progressives <sup>3</sup>                      | Covered in full  | Up to \$34     |  |
| Tints, Solid, or Gradient                      | Covered in full  | Not covered    |  |
| Ultraviolet Coat                               | Covered in full  | Not covered    |  |
| Polycarbonate for Dependent Child              | Covered in full  | Not covered    |  |
| Contact Lenses <sup>4</sup>                    | \$130 allowance; 20% off<br>amount over allowance <sup>5</sup> | Up to \$100    |  |

<sup>1</sup> Materials copay applies to lenses and frames only, not contact lenses.

<sup>2</sup> Standard contact lens fitting applies to a current contact lens user who wears disposable, daily wear, or extended wear lenses only.

Specialty contact lens fitting applies to new contact wearers and/or a member who wear toric, gas permeable, or multi-focal lenses.

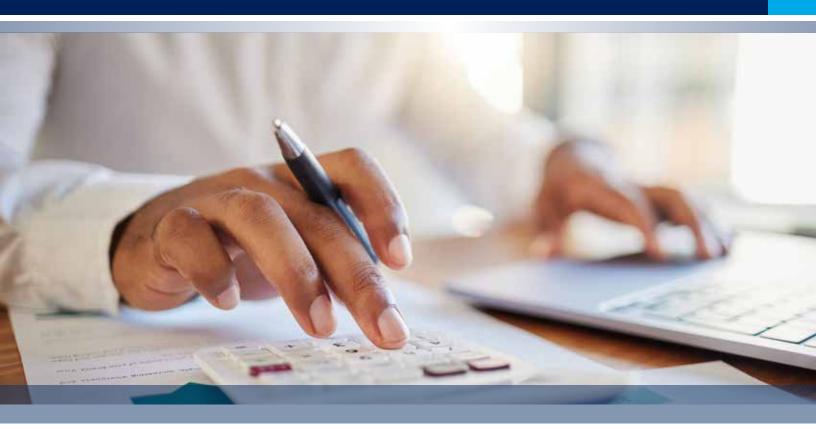
<sup>3</sup> If premium progressive lenses are selected, members receive an allowance based on the provider's charges for standard progressive lenses.

<sup>4</sup> Contact lenses are in lieu of eyeglass lenses and frames benefit.

<sup>5</sup>Not all providers support these discounts, including the member out-of-pocket features. Call your provider prior to scheduling an appointment to confirm if they offer the discount and member out-of-pocket features. The discount and member out-of-pocket features are not insurance. Discounts and member out-of-pocket are subject to change without notice and do not apply if prohibited by the manufacturer. Lens options may not be available from all providers / all locations.

Copays apply to in-network benefits; copays for out-of-network visits are deducted from reimbursements.

This is only a brief summary of the plan. Your plan documents are available through **www.plansource.com/login** or by requesting from the Personnel Department.



# **Cost of Coverage**

Your premiums for medical, dental, and vision coverage are shown in the table below:

| Benefit Plan                                   | Employee Only | Employee + Spouse | Employee + Children | Employee + Family |
|--|---------------|-------------------|---------------------|-------------------|
| Medical (Biweekly)                             |               |                   |                     |                   |
| Blue Essentials<br>BCBS of Texas<br><b>HMO</b> | \$25.00       | \$225.00          | \$112.50            | \$305.50          |
| Blue Choice<br>BCBS of Texas<br><b>PPO</b>     | \$82.50       | \$262.50          | \$175.00            | \$349.00          |
| HSA/HDHP                                       | \$0.00        | \$200.00          | \$100.00            | \$250.00          |
| Dental Plan (Biweekly)                         | '             |                   |                     |                   |
| High Plan<br>BlueCare Dental<br>PPO            | \$17.35       | \$34.68           | \$37.21             | \$57.18           |
| Low Plan<br>BlueCare Dental<br>PPO             | \$4.37        | \$9.28            | \$10.09             | \$14.49           |
| Vision Plan (Biweekly)                         | •<br>         | ·                 | ·                   |                   |
| Superior Vision                                | \$0.00        | \$2.33            | \$3.16              | \$5.15            |

# Supplemental Insurance – Mutual of Omaha

You have the option to enroll for the following supplemental coverage. Payroll deductions are taken both pre- and post-tax, and you are responsible for the full cost of any coverage you select.

### Accident Coverage

Accident Insurance is available for you and your family. You can choose coverage for yourself at \$25,000, for your spouse at \$10,000, and for your children at \$5,000. These amounts are the maximum benefits that would be paid out if you or your loved ones experience a serious accident.

The plan pays a cash benefit based on the accident (e.g., up to \$15,000 for burns, up to \$6,000 for fractures, up to \$1,000 for hospital admission plus \$200 per day).

Employees can elect Accident coverage for themselves and their dependents at Passive Enrollment (effective 10/1/2024) and Active Enrollment (Effective 1/1/2025) with no EOI

For more information, you can view the Voluntary Accident benefit summary in PlanSource.

# **Critical Illness Coverage**

Critical Illness Insurance provides a lump sum cash payment of \$10,000 to \$40,000 directly to the insured if he or she is diagnosed with one of the following conditions: stroke, heart attack, major organ transplant, and 25% of benefit for coronary artery bypass surgery or carcinoma in situ.

Employees and dependents are eligible to enroll. You may elect coverage for yourself in \$10,000 increments up to a \$40,000 maximum. If you elect coverage for yourself, you may elect coverage for your spouse in increments of \$10,000 up to a maximum of \$40,000, not to exceed 100% of your coverage. You may also elect coverage for your dependent child(ren) up to a \$10,000 maximum, not to exceed 50% of your coverage.

Employees would need to submit an EOI for any Critical Illness enrollment election (for themselves or their spouses) during the Passive Enrollment, but they can elect it without an EOI during the Active Enrollment

### https://www3.mutualofomaha.com/eoi/#/home?groupnumber=BRKS&groupname=Johnson%20 County&subgroup=n – THIS LINK IS FOR CRITICALL ILLNESS ONLY

For more information, you can view the Critical Illness benefit summary in PlanSource.

### **Need to File a Claim?**

Call Mutual of Omaha for assistance. Claim Forms can be found on the employee PlanSource portal under the Documents tab.

| Voluntary Critical Illness Employee Premium Rates<br>(24 Payroll Deductions Per Year) |          |          |          |          |
|---|----------|----------|----------|----------|
| Age   | \$10,000 | \$20,000 | \$30,000 | \$40,000 |
| 0 - 29  | \$0.95   | \$1.90   | \$2.85   | \$3.80   |
| 30 - 39   | \$1.65   | \$3.30   | \$4.95   | \$6.60   |
| 40 - 49   | \$3.50   | \$7.00   | \$10.50  | \$14.00  |
| 50 - 59   | \$7.00   | \$14.00  | \$21.00  | \$28.00  |
| 60 - 69   | \$14.35  | \$28.70  | \$43.05  | \$57.40  |
| 70 - 79   | \$26.70  | \$53.40  | \$80.10  | \$106.80 |
| 80+   | \$37.30  | \$74.60  | \$111.90 | \$149.20 |

| <b>Bi-Weekly Accident Rates</b> |        |
|---------------------------------|--------|
| Employee                        | \$3.29 |
| Employee + Spouse               | \$4.70 |
| Employee + Child(ren)           | \$5.82 |
| Employee + Family               | \$7.64 |

# Life and AD&D Coverage – Ochs

# Basic Life and Accidental Death & Dismemberment (AD&D) Insurance

Life and accidental death and dismemberment (AD&D) insurance can provide economic security for your loved ones if you die, become disabled, or experience an injury or illness. Johnson County provides you with this coverage at no cost to you. You automatically receive basic employee life and AD&D coverage in the amount of \$10,000.

Be sure to choose a beneficiary to receive benefits in the event of your death. And don't forget to change your beneficiary when your life changes.

The basic plan also offers \$5,000 of basic dependent life coverage for your spouse and child(ren).

# Voluntary Life and AD&D Insurance

You have the opportunity to purchase additional life and AD&D insurance coverage for yourself at group rates. Consider costs such as funeral expenses, legal expenses, and general living expenses for your surviving family members when determining an appropriate amount of additional coverage.

| Benefit  |   |
|--|---|
| Class Description                                  | All Full-time<br>employees              |
| Voluntary Life and AD&D Amount for<br>Employees    | \$10,000 increments<br>up to \$750,000  |
| Guarantee Issue                                    | \$300,000                               |
| Dependent Life and AD&D Amount for<br>Spouses      | \$5,000 increments<br>up to \$250,000   |
| Guarantee Issue                                    | \$50,000                                |
| Dependent Life Amount for Children<br>up to age 26 | Elect \$10,000,<br>\$15,000 or \$20,000 |

Questions? Call 800-392-7295 or email ochs@ochsinc.com.

| Voluntary Life Rates |                           |  |
|----------------------|---------------------------|--|
| AGE                  | MONTHLY RATES PER \$1,000 |  |
| Under 25             | \$0.091                   |  |
| 25-29                | \$0.091                   |  |
| 30-34                | \$0.101                   |  |
| 35-39                | \$0.111                   |  |
| 40-44                | \$0.154                   |  |
| 45-49                | \$0.234                   |  |
| 50-54                | \$0.395                   |  |
| 55-59                | \$0.645                   |  |
| 60-64                | \$0.851                   |  |
| 65-69                | \$1.333                   |  |
| 70-74                | \$2.608                   |  |
| Child Life Rates     |                           |  |
| \$10,000             | \$1.16                    |  |
| \$15.000             | \$1.74                    |  |
| \$20,000             | \$2.32                    |  |

# **Lifestyle Benefits**

# Automatic Access to Lifestyle Benefits

Your employer's group insurance programs help protect your financial wellness. And you and your family can rely on a suite of additional tools, support, guidance and services to help make life a little easier.



Legal, financial and grief resources From Lifeworks by Morneau Shepell Access professional services for a variety of needs - from legal matters and financial situations to coping with loss - through comprehensive web

- through comprehensive web and mobile resources, as well as consultations.

- Legal: Includes resources such as will prep templates
   and a free, 30-minute consultation per issue, by phone or in an attorney's office (additional services available at 25 percent discount).
- Financial: Includes telephone consults or 45-minute counseling session per issue on many topics - from budget analysis to tax planning. Includes online access to a financial fitness assessment.
- Grief support: Access master's-level consultants by phone for any stage of grief and referrals for loss support.

#### How to access: LifeBenefits.com/Lfg username: Ifg password: resources

1-877-849-6034



Travel assistance From RedpointWTP LLC 24/7 online, pre-trip resources and support for emergency travel assistance and other services when traveling 50+ miles from home.

- Pre-trip planning and trip support: Get passport, visa, immunization and currency conversion info.
- Medical evacuation services: Pre-hospital/ rental vehicle assistance, transport to nearest appropriate medical facility once hospitalized, mortal remains repatriation, return of dependent children/pets, family member visitation, and travel companion transport.
- Security evacuation services: Transfer to nearest safe area, ID theft support and assistance replacing lost/stolen luggage.

#### How to access:

#### LifeBenefits.com/

travel U.S./Canada:

### 1-855-516-5433

All other locations:

### 1-415-484-4677

Before traveling, call Redpoint to learn more and add this contact info into your phone.



Legacy Planning resources From Securion Financial Access a variety of online information/resources, including end-of-life and funeral planning, final arrangements, important directives and survivor assistance. After a claim is started, these additional services are available to beneficiaries by phone.

- Funeral concierge: Allows for coverage verification and direct payment to a funeral home so services can be provided before insurance payment is made.
- Express Assignment™: Same-day funeral home assignment service reduces concern about paying funeral expenses by working with the funeral home or lending agency.

How to access: securian.com/legacy



Beneficiary financial coaching From Pricewaterhouse-Coopers LLP

Independent, objective and free financial coaching program for beneficiaries includes:

- Dedicated financial coaching: Available monthly via phone for help with financial decisions during first 6 months after claim is paid. Includes coaching the following 6 months, as needed.
- Access to PwC Envision<sup>TM</sup>: 12 months of mobileenabled web application with budgeting, planning tools and content.
- Financial fitness assessment: Personalized wellness report outlines key action items to discuss with a financial coach.
- Survivor guide workbooks: Help make financial and legal decisions less overwhelming.

#### How to access:

Beneficiaries receiving \$25,000 or more will be invited to take advantage of this program when the life insurance claim is paid. Telephone financial guidance provided to beneficiaries receiving \$100,000+.

# **Employee Gym**

We are pleased with the overwhelming response and utilization of our employee gym. This facility is intended to remove the barrier of cost for individuals who have the desire to change their lifestyle habits and become more active. Being in good physical health directly correlates to our health plan costs.

The Johnson County gym facility is only available to Johnson County employees and spouses who accompany the Johnson County employees to the gym facility. If you would like to use the gym facility, you must have a signed Waiver of Liability on file with the Personnel Office.

# Johnson County Employee Gym Policies and Procedures

All employees use the Johnson County gym facility at their own risk. Johnson County is not responsible for any preexisting conditions or injuries, or injuries sustained while using the gym facility. Johnson County strongly encourages all County employees and spouses to obtain a physician's clearance before the first visit to the gym facility or participation in any exercise programs.

Contact the Personnel Office for detailed policies and procedures.



# Well onTarget

# **Experience Wellness Your Way**

Well on Target can give you the support you need to make healthy choices — while rewarding you for your hard work.

#### **Member Wellness Portal**

The heart of Well onTarget is the member portal, available at <u>wellontarget.com</u>.\* It links you to a suite of inviting programs and tools.

- Health Assessment (HA): The HA presents a series of questions to learn more about you. After you take the HA, you will get a personal and confidential wellness report. The report offers you tips for living your healthiest life. Your answers will help tailor the Well onTarget portal with the programs that may help you reach your goals. If you choose, you can share this report with your health care provider.
- Self-Management Programs: These programs let you work at your own pace to reach your health goals. Learn more about nutrition, fitness, losing weight, quitting smoking, managing stress and more. Track your progress as you make your way through each lesson. Reach your milestones and earn Blue Points<sup>SM</sup>.
- Online Wellness Challenges: Challenge yourself to meet your wellness goals.
- Tools and Trackers: These resources can help keep you on course while making wellness fun. Use symptom checkers and health trackers.
- » Fitness Tracking: Track your fitness activity using popular fitness devices and mobile apps.
- Blue Points Program: Blue Points can help motivate you to maintain a healthy lifestyle. Earn points for participating in wellness activities. You can redeem points in the online shopping mall.
- » Health and wellness content: Reader-friendly articles about conditions and medicines.

Start experiencing the wellness portal today. Go to **wellontarget.com**.

### **Fitness Program**

Fitness can be easy, fun and affordable. The Fitness Program gives you unlimited access to a nationwide network of more than 10,000 fitness locations.

You can visit locations while you're on vacation or traveling for work.

Other program perks include:

- » No Long-Term Contract: Membership is month to month. Flexible plans from \$19 to \$99 per month and studio classes are available.
- Blue Points: Get 2,500 points for joining the Fitness Program. Earn additional points for weekly visits.
- » Convenient Payment: Monthly fees are paid via automatic credit card or bank account withdrawals.
- Web Resources: You can go online to search for locations and track your visits.
- Complementary and Alternative Medicine (CAM): Discounts through the Whole Health Living Choices Program, a nationwide network of 40,000 health and well-being providers, such as acupuncturists, massage therapists and personal trainers. Register at whlchoices.com.

It's easy to join the Fitness Program! Just call the toll-free number 888-762-BLUE (2583) Monday through Friday, between 7 a.m. and 7 p.m. CT (6 a.m. and 6 p.m. MT).

#### Wellness Program Questions?

Call Customer Service at 877-806-9380.

#### Take Wellness on the Go

Check out the AlwaysOn Wellness mobile app, available for iPhone<sup>®</sup> and Android<sup>™</sup> smartphones. It can help you work on your health and wellness goals — anytime and anywhere.

# Airrosti



# Lasting Relief from Acute and Chronic Injuries

Airrosti provides highly effective, personalized care for acute and chronic musculoskeletal pain and conditions. Each Airrosti treatment plan, in-person or virtual, includes:

- Thorough assessment and orthopedic testing to provide an accurate diagnosis and injury education.
- » Conservative manual treatment to restore function, increase mobility, and reduce pain.
- Personalized, active rehab and at-home exercises designed to speed recovery and prevent future injuries.

#### Our goal is to give patients a quick and safe return to activity.



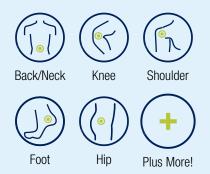






# Pain We Treat.

Below are some common injuries our doctors successfully treat on a daily basis.



Airrosti's quality approach to care leads to rapid recovery and lasting results — while helping patients avoid surgeries, pharmaceuticals, MRIs and other costly procedures.

# In Person and Virtual Care Options

Airrosti proudly offers two convenient, highly effective care options to help you live life pain free. Experience the Airrosti difference.

### 1. Expert Diagnosis

Your provider will perform a thorough orthopedic and functional evaluation to accurately diagnosis your injury and develop your targeted care plan.



Airrosti's safe and efficient care results in increased strength, function and range of motion, as well as a dramatic decrease in pain.



### 3. Personalized Plan

You will receive a customized exercise and recovery plan designed to target the source of your pain and speed recovery.

### Airrosti

### **In-Clinic Care**

- 250+ Locations in TX, WA, OH, and VA
- One Full Hour of One-on-One Care
  Evidence-Based Manual Therapy to
- Eliminate Pain and Restore Function
- Active Care Exercises to Speed Recovery

airrosti.com

### Airrosti Remote Recovery Virtual Care

- Connect remotely with an Airrosti Provider for video consultations and guided exercise prescription
- Receive an Airrosti Remote Recovery Kit with tools to perform self-myofascial release and eliminate pain
- Video check-ins and unlimited in-app messaging give you access to clinical support anywhere, anytime

airrosti.com/remoterecovery



- » Customizable copay
- » Airrosti & Airrosti Remote Recovery in-network
- » No referral required
- » Complimentary education & engagement programs
- » No additional cost or admin fees for implementation



# **BCBSTX Extras**

# 24/7 Nurseline

Nurses available anytime you need them.

Health happens – good or bad, 24 hours a day, seven days a week. That is why we have registered nurses waiting to talk to you whenever you call our 24/7 Nurseline.

Our nurses can answer your health questions and try to help you decide whether you should go to the emergency room or urgent care center or make an appointment with your doctor. You can also call the 24/7 Nurseline whenever you or your covered family members need answers to health questions about:

- » Asthma
- » High fever
- » Dizziness or severe headaches
- » Sore throat
- » Diabetes
- » Cuts or burns
- » Back pain
- » A baby's nonstop crying
- » And much more

Plus when you call, you can access an audio library of more than 1,000 health topics – from allergies to surgeries – with more than 500 topics available in Spanish.

So, put the 24/7 Nurseline phone number in your contacts today, because health happens 24/7.

Call the 24/7 Nurseline number on the back of your member ID card. Hours of Operation: Anytime



# Blue Access for Members<sup>™</sup>

### Health care at your fingertips.

Blue Cross and Blue Shield of Texas (BCBSTX) helps you get the most from your health care benefits with Blue Access for Members (BAMSM). You and all covered dependents age 18 and up can create a BAM account.

### With BAM, you can:

- » Find care search for in-network doctors, hospitals, pharmacies and other health care providers
- » Get your digital member ID card
- » Check the status or history of a claim
- » View or print Explanation of Benefits statements
- » Sign up for text or email alerts

### It's easy to get started.

Use your member ID card to create a BAM account at **bcbstx.com**, or text\* **BCBSTXAPP** to **33633** to download our mobile app.



Scan this QR code to visit <u>bcbstx.com</u>.

\*Message and data rates may apply.

# Go Ahead. Make Your Day!

#### Use Your Health and Wellness Programs to Help You Live Better

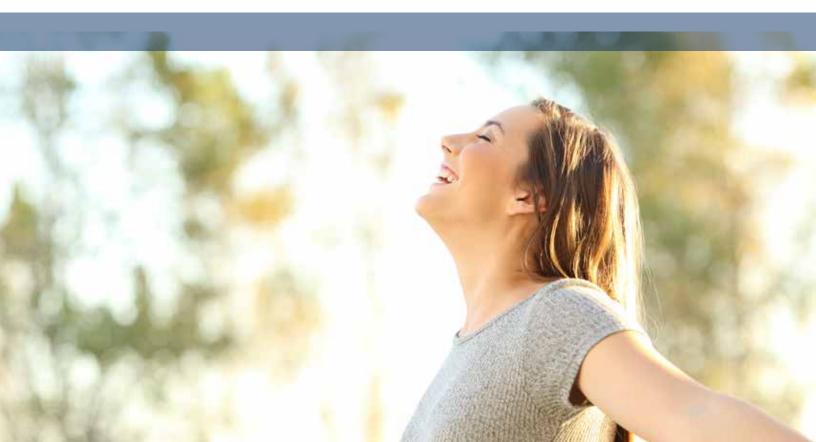
Taking one, small, first step can set you on a path to better health throughout your life. Whether you need support for a specific health issue or you're looking to boost your overall wellbeing, you'll have help along the way. Here are a few things you can do with the tools included with your Blue Cross and Blue Shield of Texas plan:

- » Improve your mental health with digital programs for stress, depression, panic, resiliency and more
- » Get help to manage your pre-diabetes, diabetes, high blood pressure or joint and spine pain
- » Join a weight-loss program
- » Download apps for support with fertility, pregnancy and parenting issues
- » Talk with a nurse, any time, day or night
- » Complete online programs to help reach your wellness goals
- » Earn rewards for healthy activities
- » Access a nationwide network of fitness centers\*

# Learn more about your health and wellness programs:

- 1. Go to bcbstx.com.
- 2. Register for Blue Access for Members<sup>SM</sup>.
- 3. Click the Wellness tab.

\* Fees apply. Individuals must be at least 18 years old to purchase a membership. The Fitness Program is provided by Tivity Health<sup>™</sup>, an independent contractor that administers the Prime Network of fitness centers. The Prime Network is made up of independently owned and operated fitness centers.



# **Important Contacts**

| Benefit  | Contact  | Telephone   | Websites  |
|--|--|---|---|
| General Information  | Johnson County Personnel Office  | 817-556-6350  | www.johnsoncountytx.org   |
| Medical<br>BCBS of Texas<br>Prescription<br>BCBS of Texas  | BCBS Customer Service  | PPO & HSA Customer<br>Service: 866-837-4359<br>(will activate on 10/01/2023)<br>HMO Customer Service:<br>877-299-2377 | www.bcbstx.com  |
| <b>Dental</b><br>BlueCare Dental                           | BlueCare Dental Customer Care  | 800-521-2227  | www.bcbstx.com  |
| Vision<br>Superior Vision                                  | Superior Vision Customer Service   | 800-507-3800  | www.superiorvision.com  |
| Life and AD&D<br>Securian Life                             | Ochs   | 800-392-7295  | www.Securian.com  |
| Voluntary Critical Illness<br>Insurance<br>Mutual of Omaha | Mutual of Omaha  | T – 800-775-8805<br>F – 402-997-1898  | www.mutualofomaha.com   |
| Voluntary Accident Insurance<br>Mutual of Omaha            | Mutual of Omaha  | T – 800-775-8805<br>F – 402-997-1898  | www.mutualofomaha.com   |
| Retirement System<br>TCDRS                                 | TCDRS Customer Service   | 800-823-7782  | www.tcdrs.org   |
| <b>Deferred Compensation</b><br>Nationwide                 | Kelli Kincaid, Retirement<br>Specialist<br>Greg Russell, Program<br>Director | 888-401-5272<br>470-216-6872  | www.nrsforu.com<br>https://RetirementSpecialists.<br>MyRetirementAppt.com         |
| <b>Deferred Compensation</b><br>Corebridge Financial       | Ava Overman, Financial Advisor<br>Doris G. Silva, CRC Financial<br>Advisor   | Cell: 817-701-6747  | Corebridgefinancial.com/<br>retirementservices<br>Doris.Silva@corebridgefinanical |
| Benefits Enrollment Platform<br>PlanSource                 |  | Call center support:<br>844-396-5676  | www.plansource.com/login  |

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This communication highlights some of your Johnson County benefit plans. Your actual rights and benefits are governed by the official plan documents. If any discrepancy exists between this communication and the official plan documents, the plan documents will prevail. Johnson County reserves the right to change any benefit plan without notice. Benefits are not a guarantee of employment.